



April 2018 Schedule

701 MADISON AVE. DOWNTOWN TOLEDO 43604

CALL OR TEXT

(419)377- 2841 & LET US KNOW YOU ARE COMING!

PARKING VOUCHERS AVAILABLE AT KWIK LOTS

MONDAY

- 12:15 Mixed Levels (45)

TUESDAY

- 9:30 Intro to Rocket (60)
- 6:00pm Rocket 2 (75)

WEDNESDAY

- 12:15 Mixed Levels (45)
- 5:30pm Rocket 2 (75) - starting on April 18

THURSDAY

- 9:30 Rocket 1 (75)
- 6 PM Rocket 1 (75)

FRIDAY

- 5:30 - 7 PM Happy Hour - April 20th only!

SATURDAY

- 9:30 Modified Primary (60)
- 4:30pm Rocket 1 (60)* these classes happen during training, please text to be sure it's on!

SUNDAY

- 9:30 Full Primary Ashtanga (90)

All levels welcome to all classes

TEACHER TRAININGS SINCE 1989

- 200 Hr. Starting in April 2018
- 200hrs, 300 hrs and 500 hrs trainings for Ashtanga Vinyasa and The Rocket ®
- Yoga Alliance RYT (200, 300 and 500).

DROP-IN: \$14.00

NEW STUDENTS: 3 CLASSES FOR \$30.00

MONTHLY UNLIMITED: \$95.00

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